TARGET

Plastic produce bags

Bananas

32 oz. chicken broth (Swanson, 33% less sodium) (C24)

2 cans creamed corn (C23)

6 oz. feta cheese, crumbled (C13)

2 packages of sliced cheese

1 lb. ground pork

3 gallons of nonfat milk

2 cartons of 18-count eggs

LUCKY

Romaine lettuce (or red leaf lettuce or green leaf lettuce)

1 large or 2 small containers of baby tomatoes

1 celery

6 carrots

1 cucumber

1 Italian parsley

2 lbs. heirloom tomatoes ($2.99/lb.)

2 lbs. broccoli (2 servings)

1 serving zucchini or yellow squash

1 medium shallot

1 bunch of asparagus ($1.27/lb.)

Green cabbage ($0.69/lb.)

3 apples (Honey Crisp, $1.49/lb.)

2 cubes of firm tofu

6 servings of fruit

apples

Clementines

Navel Oranges

1 bag of bagels

Hamburger buns

1 Best Foods Mayonnaise (if on sale)

Vlasic dill pickles (if on sale)

Dry Roasted Peanuts, Lightly Salted (Planters, $3)

Cheese sticks

Corned Beef Brisket, Point Cut ($2.99/lb.), flat okay

2 chicken thighs or drumsticks (buy 1 get 1 free)

Dessert Pies

Ice cream ($2.99)

Burritos

Tater tots

Advil (200 mg, caplets preferred but round okay), if on sale